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A HAGUE Bar woman has helped to pioneer a new medical treatment which has changed the lives of thousands of people.

Rita Thomas was the first person in the country to have the revolutionary Conductive Keratoplasty (CK) treatment to correct her vision. She can now see without her glasses and says having the treatment has changed her life.

"CK treatment has done wonders for me," the practice nurse explained. "I found wearing glasses incredibly frustrating, but now I don't have to worry because CK has given me freedom, allowing me to enjoy an enhanced lifestyle.

"Sometimes I forgot my glasses and when I got to work I couldn't see anything. It was just a nuisance.

"Glasses are also very expensive and you have to keep changing them.

"After having the treatment I could even read the batch numbers of vaccinations."

But since having the treatment, glasses are a thing of the past for Rita who had both eyes treated with CK.

"I would definitely recommend the treatment because for me it has been nothing but positive. The CK treatment is a lot less invasive than laser and I recovered very quickly. I had the treatment on Friday and was back at work on Monday and I could see everything."

And she said she had had no reservations in being the first person in the country to have the treatment.

"I had every faith in the surgeon David Allamby. Because of being a nurse you kind of get a feel for people and I felt confident that he wouldn't be performing the treatment if he wasn't totally happy with it."

Conductive Keratoplasty uses radiofrequency energy to reshape the cornea and the non-surgical process takes just a few minutes to perform. It is used to help people who suffer from the loss of reading vision known as presbyopia.

CK specialist Dr David Allamby said: "Up until now there hasn't been an effective procedure available to treat presbyopia. CK is a true example of what can be done to improve reading vision by allowing the eye to effectively refocus without glasses."

By Louise Bellicoso